

BSAC SAFETY FIRST HOW TO USE THE TOOLKIT

Introduction to ***Safety First*** and the Toolkit

This page provides a quick reference to how to make use of your Safety First Toolkit.

ScubaWISE Pool Lesson Plans

The Pool lesson plan gives Instructors guidelines on what to cover during the ScubaWISE lesson. These are NOT detailed plans but guidelines on the areas to be covered. The amount that can be covered will vary depending on the skills and level of experience held by students undertaking ScubaWISE. For example a Dive Leader who has had a significant break from diving would quite reasonably be expected to complete Core skills and rescue skills and work on a wide range of the ancillary skills. On the other hand BSAC Ocean Divers and PADI Open Water divers could realistically only be expected to cover the Core skills. In assessing the needs of non-members use the questionnaire to help determine the main areas to work on.

ScubaWISE Theory Lesson Plans

This Lesson Plan outlines some of the key points to cover in what is essentially a revision lecture. It focuses on both personal and equipment preparation and highlights the main areas which help ensure a safe and successful start to any diving season. Thumbnails of the model overheads are contained within the notes for easy reference. The notes are not exhaustive and you should feel free to modify them to reflect more closely the type of diving your club actually undertakes.

ScubaWISE Overheads

The original PowerPoint presentations are available as a download from the Safety First section of the BSAC Website www.bsac.org or by Email only by contacting technical@bsac.com.

Benefits of Branch Membership Lecture Notes

The ScubaWISE Lessons are applicable to ALL Divers and we would encourage Branches and Schools to offer them to anyone who is interested. You are at liberty to charge a suitable price for this service, or use it to attract new members. One compromise would be to charge a nominal fee but offset this against the Branch levy should they subsequently join. Since every Branch in the BSAC varies quite considerably in what they offer, this Lesson Plan only suggests the areas which could be covered. The plan includes examples of overhead foils which you could use but clearly you would need to alter these to reflect the services you offer. The original PowerPoint presentations are available as a download from the Safety First section of the BSAC Website www.bsac.org or from HQ by e-mail technical@bsac.com.

ScubaWISE Questionnaire

This is to help you assess the specific areas which you may wish to work on with other people who may come to you for the ScubaWISE Lesson. Though the questionnaire will help to identify areas of weakness or lack of confidence and you should rightly work on any such areas, you should still attempt to cover all relevant areas during the ScubaWISE Lesson.

ScubaWISE logbook Stickers

These can be given to anyone who completes the ScubaWISE Lessons and should INCLUDE any non-BSAC Members who attend the Course. It can serve as a means of identifying that they have had recent refresher training. The stickers are from HQ. E-mail technical@bsac.com

Safety First Posters

Use to help promote your Branch activities both in conjunction with the national promotion of Safety First.

Safety First Leaflets

The leaflets contain concise advice on a variety of Safety aspects which reinforces the points made through the ScubaWISE Lessons. They should therefore be made available to anyone undertaking the ScubaWISE Lessons.