



## **Instructor Foundation Course (IFC)**

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### **AIM**

The aim of the BSAC Instructor Foundation Course (IFC) is to explain and demonstrate techniques of teaching and instruction and to relate them to the training of divers. Acceptable standards of personal skill are demonstrated and candidates are offered help and coaching in any problem areas. More specifically, the IFC covers:

- Qualities and attitudes of a diving instructor
- Learning processes and teaching techniques
- Development of training programmes and lessons
- Lecturing techniques and the use of visual and other aids
- Demonstrations of pool and classroom teaching techniques
- Classroom and pool lesson planning tutorials and exercises
- Introduction to Open Water Lesson Planning

An IFC will usually occupy a whole weekend and candidates will be involved in both classroom and practical pool lessons. The Course Fee provides candidates with a set of Student Notes to be studied in advance of the event: a copy of the BSAC manual **Teaching Scuba Diving** (issued at the end of the Course); and course attendance certification.

### **APPLYING FOR A PLACE ON AN IFC**

Before completing the application form overleaf, please ensure that you meet all the entry requirements detailed below. The completed form should be sent to **Central Bookings** at BSAC Headquarters, together with the following:

1. A photocopy of the completed Sports Diver (or higher grade) certificate page from your BSAC Qualification Record Book.
2. A photocopy of your current BSAC Membership receipt or card.
3. The current IFC Fee by cheque payable to BSAC - or use the credit card payment facility provided overleaf.

**It should be noted that many events are fully booked months in advance so early booking is strongly recommended.** Dates and venues of Instructor Foundation Courses (and a note of the current IFC Fee) are issued with this form, and are published in the BSAC's annual 'Programme of Events' booklet and in the 'BSAC Courses' column of DIVE magazine. Details of any additional events, or changes in date and venue, can be obtained by contacting Central Bookings at BSAC Headquarters.

